

## Capacitive Touch

The Smart Sit-and-Stand Desk has a capacitive Touch Sensor on the right side of the desk. This sensor comes preinstalled and embedded in the tabletop.

### To Move The Desk Down

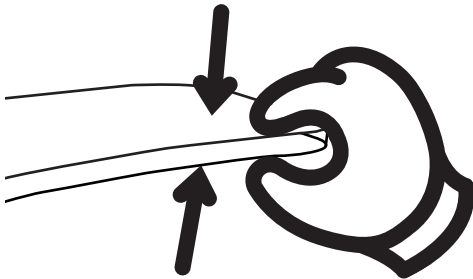
Tap the capacitive touch on the top of the tabletop in the downward direction, hold over the capacitive touch (hold hand on the desk) until you want it to stop moving.

### To Move The Desk Up

Tap the capacitive touch on the bottom of the tabletop in an upward direction, hold over the capacitive touch (hold hand on the desk) until you want it to stop moving.

### Locking The Desk

Hold hand over top capacitive touch sensor and bottom capacitive touch sensor simultaneously, “squeezing” with your hand.  
To Unlock simply make the “squeeze” gesture on the capacitive touch sensors until the “unlocked” haptic vibration is noticed.



### Troubleshooting

The following tips will help you detect and eliminate the most common faults and errors. If the faulty you encounter is not listed below, please contact our Customer Service.

Common Faults	Possible Solution
No response when pressing up or down on sensors	1. Check if desk is unlocked 2. Disable accelerometer in the app
Moving Slower than usual	1. Check to see if it is under max loading capacity (70kg) 2. Contact customer support
Not Moving as it should	1. Check for other faults within the app
Moves down, but not up	1. Hold top sensor until desk resets 2. Follow the reset procedure within the app
Downward sliding	1. Check to see if it is under max loading capacity (70kg) 2. Contact customer support
Constantly repositioning	1. Check to see if it is under max loading capacity (70kg) 2. Disable accelerometer within the app
Motor overheats	1. Wait for 18 mins, then restart while connected to power 2. Contact customer support



### Attention

1. Power supply: AC 100V-240V:50/60HZ
2. Ideal temperature to operate in: 0-40C
3. Unplug the power chord before cleaning, wipe the dust on surface with damp cloth when cleaning, be careful not to let any water into internal parts.
4. The electronic components must be disposed of according to each country's environmental regulations, do not mix with household waste.
5. Check carefully to ensure correct and complete assembly before using.
6. Be familiar with all functions and program settings of the product before using it.
7. Children should not use the product if unsupervised.
8. Corrosive or abrasive materials are not recommended for cleaning the equipment.
9. Cleaning and user maintenance should not be done by children without supervision.
10. If the power chord is damaged, it must be replaced by the manufacturer, it's service agent or a similarly qualified person in order to avoid a hazard.
11. Please make sure the operating environment is suitable for the product. e.g., do not leave tools around. Always be careful to dispose of the packaging materials properly in order to avoid any possible danger, e.g. plastic bags may lead to a choking hazard for children if not properly disposed of.
12. Keep original package equipment if necessary in case of future use when transporting.

## The App

To get the most out of your Sit-Stand Desk, connect it to our Ergonomyx App once you have assembled and plugged in the desk. Our App allows you to unlock awesome features.



SCAN ME



SCAN ME

You can find a detailed breakdown and instructions on all of our app's features in the instruction manual on our website.

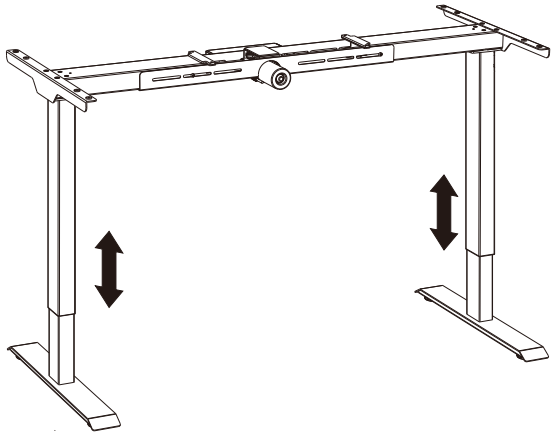
For more information please visit  
<https://www.ergonomyx.com/desk-resources>

Thank you for being part  
of the Ergonomyx family!

**ergonomyx**<sup>®</sup>  
workspace fitness<sup>®</sup>

## Disassembly Manual

Thank you for choosing Ergonomyx! When your product has reached the end of its lifecycle, or is no longer needed or suitable for your purposes, please use this manual as a guide for disassembling, recycling, repairing, and/or donating the product!



## Smart Sit-Stand Desk

### Parts List

Attention: The drawings below are only for reference which might be slightly different than the actual object. If there are any tools missing or installation problems, please contact customer service.

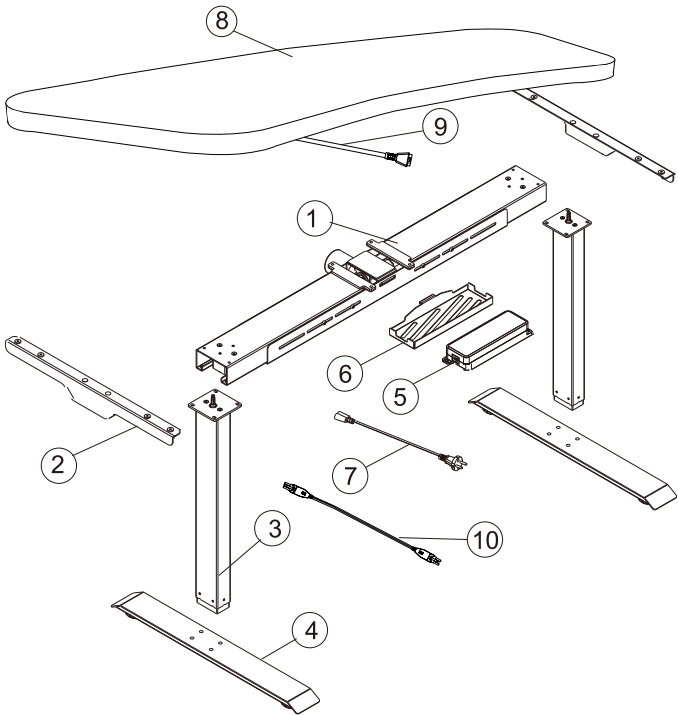
No.	Image	Name	Qty
A		ST4.2 Wood Screw	16
B		M6 Rounded Head	8
C		M6 Bolt	8
D		M6 Flat Head Bolt	4
E		Wrench 4x4mm Wrench 5x5mm	1

### Technical Data

Column qty	2	Input Voltage	100-240V
Max Loading capacity	70KG	Max Speed	25mm/s
Height range	710-1210mm	Temperature	0-40°C
Length range	990-1490mm		
Frequency	Maximum 2 minutes of movement with 18 minutes of rest.		

### Component List

No.	Part	Qty	No.	Part	Qty
1	Crossbar	1	2	Side Support	2
No.	Part	Qty	No.	Part	Qty
3	Support Legs(2)	2	4	Feet	2
No.	Part	Qty	No.	Part	Qty
5	Control box	1	6	Control Box Tray	1
No.	Part	Qty	No.	Part	Qty
7	Power cable	1	8	Tabletop	1
No.	Part	Qty	No.	Part	Qty
9	Capacitive Touch Cable (Preassembled in desk)	1	10	Ethernet	1



### Waste Disposal, Recycling, Repair, and Donation

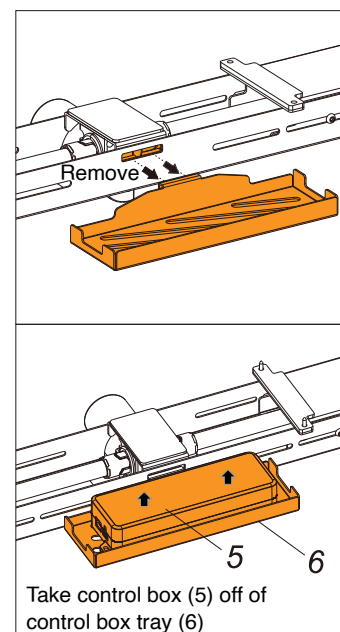
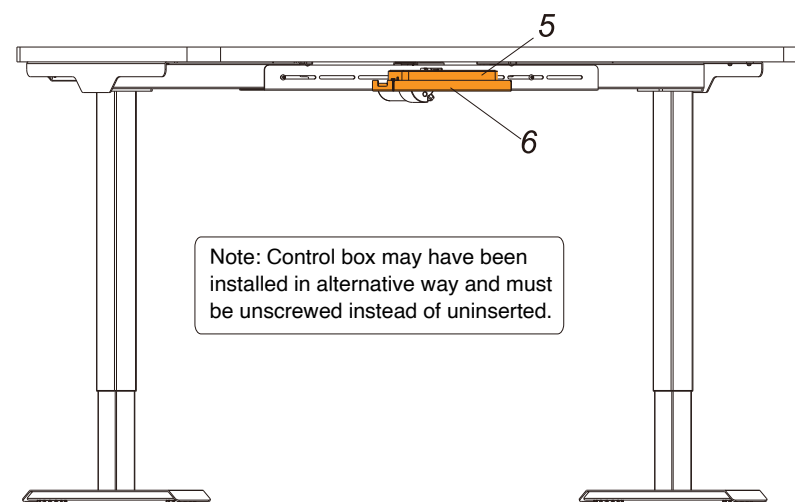


This product should not be disposed of with other household or commercial waste. Instead, the product should be donated, repaired, or recycled responsibly to prevent possible harm to the environment or human health from uncontrolled waste disposal and to promote the sustainable reuse of material resources. For information on repair or recycling options, please contact Ergonomyx directly through our website. Arrangements may be made for sending the product to us for repair or recycling, however we are not able to cover shipping costs at this time.

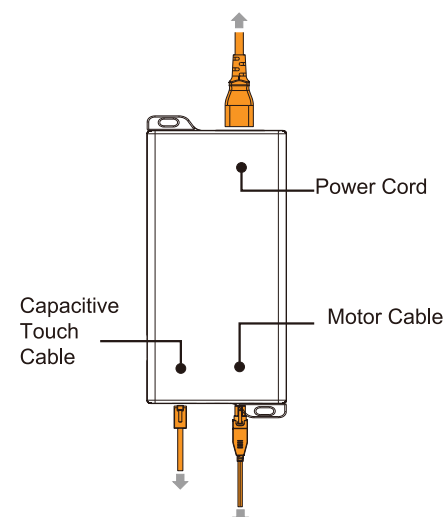
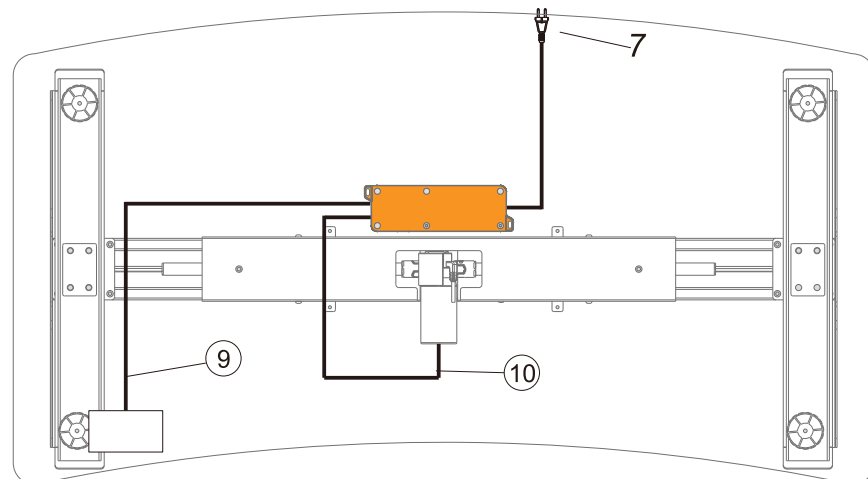
After disassembly, you may be able to recycle some or all parts of this product at your local recycling facility, but this is not guaranteed. We estimate this product is approximately 55% recyclable by weight. Components marked with this symbol are made from steel or electronics and readily recyclable at most recycling facilities. The other components are made from plastic or bamboo and may not be recyclable. Contact your local recycling facility for more information.

We also recommend donating the product to local charities or thrift stores, or through online classifieds such as Freecycle, Craigslist, Kijiji, or Facebook Marketplace.

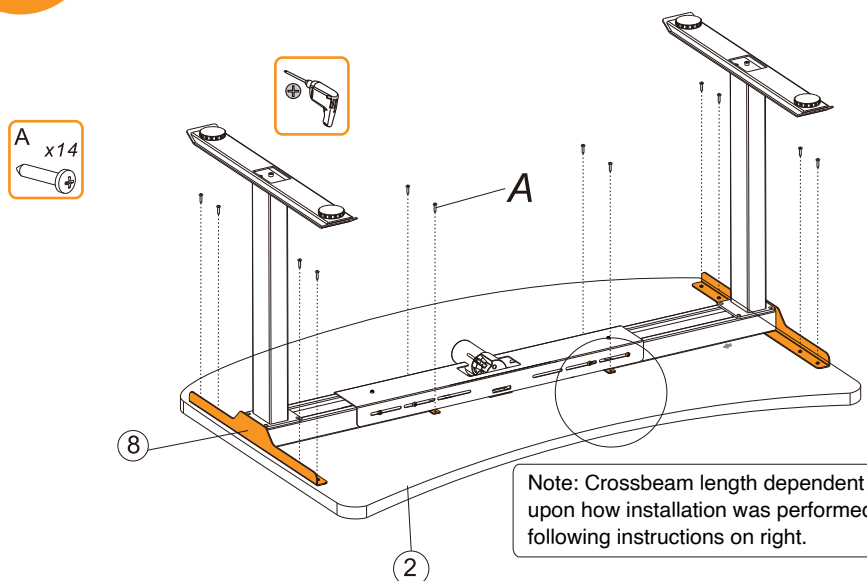
# 1 Uninstall Control Box Tray (6) and Control Box (5)



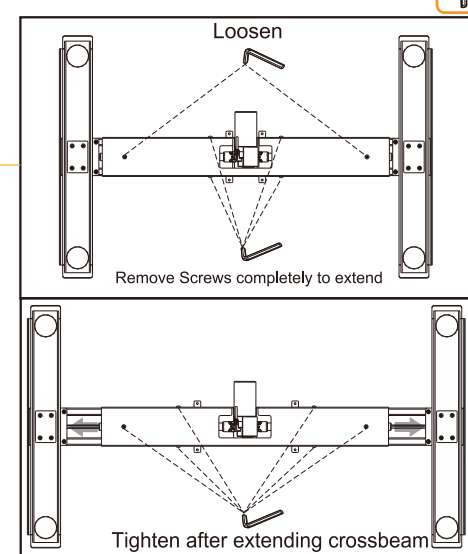
# 2 Disconnect all cables (7,9,10) from Control Box (5)



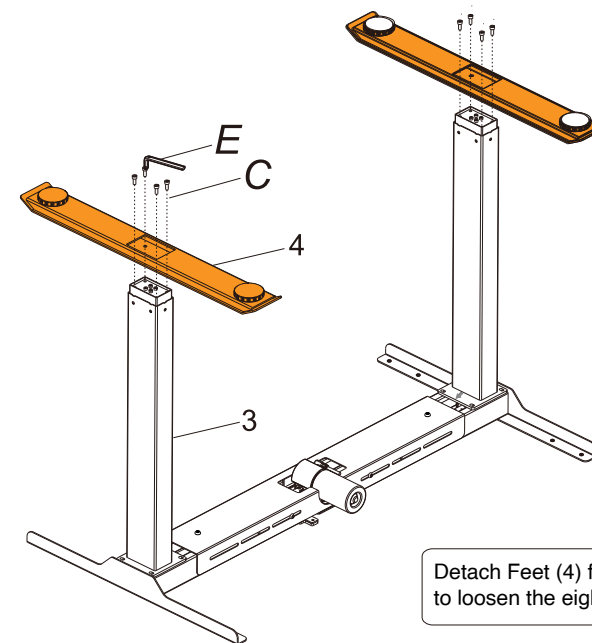
# 3 Unscrew Tabletop (2) from Support Plates (8)



Loosen the Crossbeam and match to tabletop length, then tighten with Allen Key.

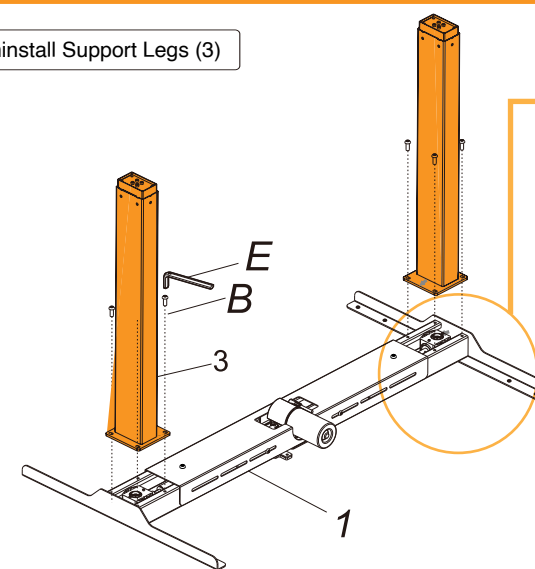
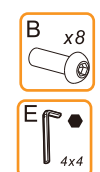


# 4 Uninstall Feet (4)

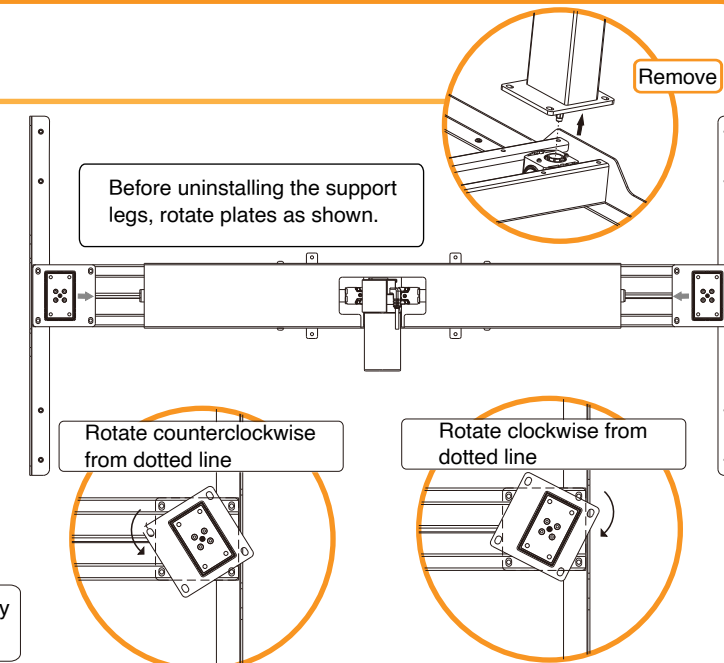


Detach Feet (4) from Support Legs (3) using a 5\*5 Allen Key (E) to loosen the eight bolts (C).

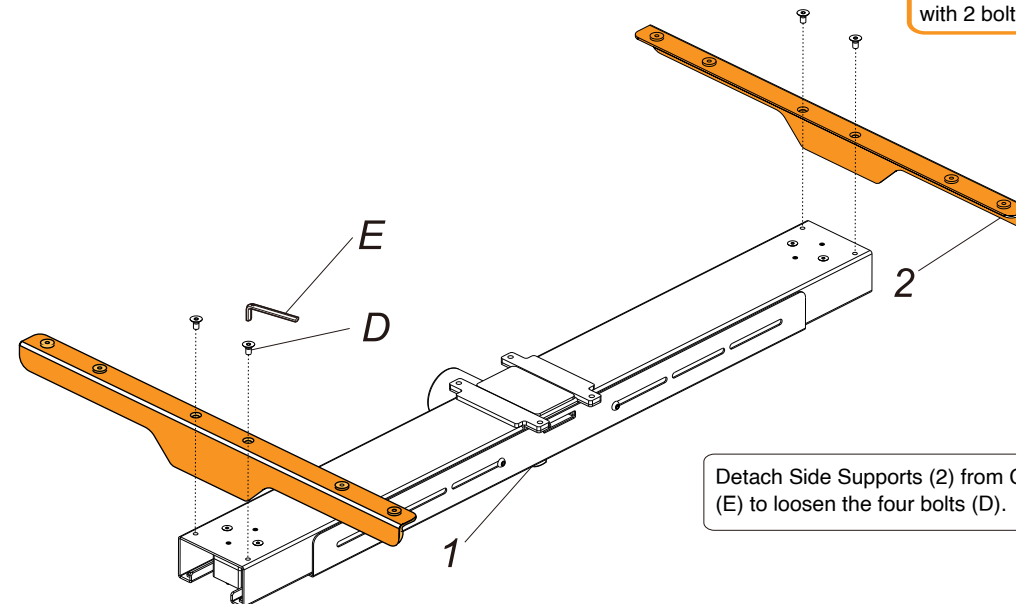
# 5 Uninstall Support Legs (3)



Detach Support Legs (3) from Crossbar (1) using a 4\*4 Allen Key (E) to loosen the eight bolts (B).



# 6 Uninstall Side Supports (2)



Detach Side Supports (2) from Crossbar (1) using a 4\*4 Allen Key (E) to loosen the four bolts (D).

NOTE: Ergonomic Tabletop model has only 2 bolts, with a shorter support plate with 2 bolt holes.